

UNLOCK LOOKSMAXING SECRET

_A Science-backed guideline to improve looks

COURSE MODULE

Module-01	Introduction to looksmaxing	<ul style="list-style-type: none">• Understanding the concept of looksmaxing• The science behind physical appearance and its impact on confidence• Psychology behind looks
Module-02	Skincare Fundamentals	<ul style="list-style-type: none">• The importance of skincare routines• Science-backed skincare tips for clear and healthy skin• How to get clear skin according to science
Module-03	Grooming Techniques for Men and Women	<ul style="list-style-type: none">• Haircare tips and styling for various hair types• Grooming facial hair: beard and mustache maintenance• Nail care and hygiene practices
Module 04	Nutrition for health and beauty	<ul style="list-style-type: none">• Customized diet plan• Science based guides to lose weight or gain

Module-05	Facial Aesthetics	<ul style="list-style-type: none"> ● Mewing secrets ● Face pulling guide ● Beard maxing ● Teeth Guide ● SMV rating ● Face bones ● Face proportions and ratio ● Eye area
Module-06	BODY	<ul style="list-style-type: none"> ● Height ● Physique ● Body Proportions and ratios ● SMV (Increasing Sexual Appeal)
Module-07	Fashion and Wardrobe Makeover	<ul style="list-style-type: none"> ● Dressing for your body type ● Choosing colors that complement your skin tone ● Building a versatile and stylish wardrobe on a budget ● Makeup and Beauty Enhancement (if applicable)
Module-08	Confidence Building	<ul style="list-style-type: none"> ● Cultivating self-confidence through self-care ● Techniques for body language and posture improvement ● Overcoming appearance-related insecurities
Module-09	Personal Branding and Online Presence	<ul style="list-style-type: none"> ● Crafting an authentic personal image online ● Utilizing social media to enhance your appearance ● Navigating the digital world with professionalism and confidence
Module-10	Beyond Looks: Inner Beauty and Charisma	<ul style="list-style-type: none"> ● The significance of personality and kindness ● Developing strong communication and social skills ● Building an appealing and attractive character

